4-H dairy program on animals, products

4-H News

By Veronica Hundl — County Extension Agent

Both the production and marketing of dairy products are emphasized in the 4-H dairy program.

This program offers 4-H members an opportunity to raise dairy animals and also to learn about the processing and marketing of dairy products and their nutritive value.

The dairy program can offer an exciting challenge for 4-H'ers and can present numerous learning experiences.

Objectives of the 4-H dairy program are these:

1. To become aware of the scope and economics significance of the dairy industry.
2. To acquire skills in dairy production through ownership and care of dairy animals.
3. To learn marketing, processing, distribution, consumption and use of dairy porducts.
4. To learn and practice principles of cleanliness and sanitation as applied to the production and care of dairy products.
5. To learn the nutritive value of dairy products and promote their use.
6. To appreciate contributions and applications of scientific research to the dairy industry.
7. To develop sportsmanship, cooperation, decision-making ability and public speaking skills through participation in demonstrations, tours, judging and exhibits.

For those who excel in the dairy program, numerous awards are provided by the National 4-H Council. These include expense-paid trips to the National 4-H Congress in Chicago each fall for state and regional winners and six $1,000 scholarships at the national level.

Additional information on the 4-H dairy program is available at the county Extension office at 732-6694.

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Defense driving course offered

The Colorado County Farm Bureau will conduct a defensive driving course on March 11 and 12 at 6:30 p.m. in the Colorado County Farm Bureau office.

The eight topic course in the DDC program utilizes film and discussions to teach people to avoid accidents despite the actions of others and the surrounding conditions by recognizing the hazard, knowing what to do and acting in time.

There are no requirements required for taking the course. There will not be a test of driving involved. All students must have a valid Texas drivers license to qualify for the 10 percent insurance discount. The principal driver who completes such course will receive a certificate to be filed with their auto insurance company qualifying them for the 10 percent discount on bodily injury and property damage liability, medical payments and collision coverages where those coverage are afforded.

Total cost to enroll for farm bureau members is $10. Non-members pay $15. Because of enrollment limitations, registration will be taken in advance on a first come, first served basis. Persons can register by sending a check made payable to Colorado County Farm Bureau to P.O. Box 489, Columbus, Texas 78934. If there are any questions, please call 732-2383.

Special olympics set for March 30

This year Colorado County will again be hosting the Area III Special Olympics track and field meet at the Columbus High School track field on March 30. Participants will be coming to Columbus from all over Area III. Area III is eleven counties that represent various agencies, organizations and schools.

The special olympics is the largest program of sports training and athletic competition for the mentally retarded in the world. The purpose of the special olympics is to contribute to the physical, social and pyschological development of the mentally retarded.

Area III and Colorado County Special Olympics depends upon the support of concerned citizens, businesses and organizations. Due to budget cuts on a state and local levels in our school districts our local special olympic program will have to be funded by private donations. Thanks to may people who supported us last year our track and field meet was a great success.

If you can contribute financially or with your time please contact: Judy Pustejovsky, teacher at Alternate Education Center, 732-6462 (work), 234-5208 (home); Jeannine Lowery, area trainer, 732-2844 (home); Linda Lipperdt, coach for Eagle Lake Special Olympics, 234-3474 (home), 234-3985 (work).

Please make checks payable to Colorado County Special Olympics. Thank you for your support.

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East Bernard school menu

Monday, February 25: Breakfast, oatmeal with toast or cereal, fruit, milk; Lunch, pizza with Italian spaghetti, vegetable sticks or peas, fruit, cookie, milk.

Tuesday, February 26: Breakfast, cinnamon roll or cereal, fruit, milk; Lunch, tamales with chili and cheese, corn, salad, fruit, cornbread, milk.

Wednesday, February 27: Breakfast, scrambled eggs with biscuits and jelly or cereal, juice, milk; Lunch, hamburger, French fries, pinto beans, lettuce, tomato, onion, pickles, milk.

Thursday, February 28: Breakfast, pancakes with syrup or cereal, juice, milk; Lunch, fried chicken, buttered rice, green beans, fruit, homemade bread, milk.

Friday, February 29: Breakfast, donuts, fruit or cereal, milk; Lunch, fish burger, French fries, mixed vegetables or Ranch Style beans, lettuce, tomato, pickles, milk.

Bran adds dietary fiber to spaghetti

Bran muffins, breads and cereals are well-known as foods that add fiber to the diet. Now spaghetti with ten percent bran can be added to that list. Bran spaghetti has more than three times as much dietary fiber as regular spaghetti.

The ten percent bran spaghetti also contains much higher levels of protein, iron, calcium, manganese, phosphorous and zinc than spaghetti without bran.

Wharton junior college schedule

Thursday, Friday and Saturday, February 21, 22 and 23: WCJC Carl Reynolds Baseball Classic, Tiger stadium. Thursday, 11 a.m. Texas Southmost vs. WCJC, 1:30 p.m. Blinn vs. Texas Southmost, 4 p.m. WCJC vs. Blinn; Friday, 11 a.m. WCJC vs. Texas Southmost, 1:30 p.m. Texas Southmost vs. Blinn, 4 p.m. Blinn vs. WCJC; Saturday, 12 p.m. Blinn vs. WCJC.

Thursday, February 21: Dean Melton, Black History Week guest speaker, sponsored by Young Americans, 9:20 a.m., Fine Arts Auditorium.

Friday, February 22: student holiday (Texas Junior College Teachers Association convention in Dallas).

COME WORSHIP WITH US

HOLY CROSS CHURCH — East Bernard, Texas. Masses: Saturday 6:30 p.m. fulfills Sunday obligation. Sunday: 7 & 9 a.m.; Weekdays: 6 a.m.; Tuesday & Thursday: 6 p.m.

CHURCH OF CHRIST — Columbus, Texas. Roy V. Palmer, Minister. 815 Milam Street. Sunday Worship, 11 a.m. and 6 p.m.; Sunday School, 10 a.m.; Wednesday Service, 7:30 p.m.

ST. MARY'S CHURCH — Box 97, 758-3218, Nada, Texas 77460. Rev. Msgr. Victor G. Schmidtzinsky, Pastor; Most Rev. Hugo M. Gerbermann, M.M. (Retired). Masses: Saturdays at 5 p.m.; Sundays at 7 and 9:30 a.m.; Confessions Saturdays, 4 to 5 p.m. and on weekdays before the Masses. **Visitors are always Welcome!**

GRACE LUTHERAN CHURCH — Rev. Paul Krupicka, Pastor. Sunday: 9:15 a.m. Church School; Divine Worship 10:30 a.m. **The members and pastor of Grace Lutheran welcome you to come worship with them.**

EAGLE LAKE GOSPEL MISSION — Rev. Emil Burger. Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Wednesday at 8 p.m. Evangelistic Service

LISSIE UNITED METHODIST CHURCH — Lissie, Texas. Rev. E.B. Beasley, Pastor. Sunday: Church School, 9:45 a.m.; Morning Worship, 11 a.m.; Youth Fellowship, 5 p.m.; Children's Fellowship, 6 p.m.; Evening Worship, 6 p.m.

CHRIST EPISCOPAL CHURCH — Rev. George T. Welsch. 10 a.m. Sunday, Holy Communion and Sermon; Wednesday 10 a.m., Holy Communion

THE UNITED METHODIST CHURCH — Rev. Charles E. Runk, Pastor. Sunday Services: Sunday School, 9:45 a.m.; Choir practice, 10:35 a.m.; Worship Service, 10:55 a.m.. Wednesdays: Youth Club, 3:30 p.m.

FIRST PRESBYTERIAN CHURCH — 106 E. State Street, Rev. Michael Barron, Pastor. Sunday Services: 9:30 a.m. Church School; 10:30 a.m. Worship Service; Senior Citizens Nutrition Program; 11 a.m. to 1 p.m., Tuesday & Thursday

VINE OF THE LORD — Paul Aguilar, Pastor. Sunday School 1 p.m.; Sunday Preaching Service 2 p.m. Wednesday Service 7:30 p.m.; Prayer Service 7:30 p.m. Friday

ROCK ISLAND METHODIST CHURCH — Effie May Young, Pastor. 9 a.m. Morning Worship

CHURCH OF CHRIST — Sheridan, Texas. Sunday Services; Bible Services 10 a.m.; Morning Worship 11 a.m.; Evening Worship 6 p.m.

SEALY ASSEMBLY OF GOD — 1140 Meyer St., Sealy; Warren Richardson, Pastor. Sunday: Bible Classes 9:30 a.m.; Morning Worship 10:45 a.m.; Evening Worship 7 p.m. Wednesday: Adult Bible Study 7:30 p.m.

ROCK ISLAND BAPTIST CHURCH — 10 a.m. Sunday School; 11 a.m. Morning Worship; Evening Worship 5 p.m.

FIRST BAPTIST CHURCH — Eagle Lake, Texas. Rev. J. Melburn Sibley, Jr. Sunday Services: Sunday School 9:45 a.m.; Morning Worship 10:50 a.m.; Training Union 6:30 p.m.; Evening Worship 7:30 p.m. Wednesdays: Prayer Service 7:30 p.m.; Choir Practice 8:30 p.m. Nursery facilities open.

FIRST ASSEMBLY OF GOD — Brother Neal Mills, Pastor. Sunday Services: Sunday School 9:45 a.m.; Morning Worship 11 a.m.; Nightly Service 7 p.m.; Each Thursday Night: Book & Revelation Study 7:30 p.m.

SHERIDAN FIRST BAPTIST CHURCH — Rev. Robert Hessong, Pastor. Sunday School 9:45 a.m.; Morning Worship 11 a.m.; Training Union 6:30 p.m.; Evening Services 7:30 p.m.; Wednesday Prayer Meeting 7:30 p.m.

GETHSEMANI BAPTIST MISSION — 901 B. Street, Eagle Lake. Sunday School 9:45 a.m.; Preaching Services: 11 a.m. and 6:30 p.m.; Wednesday: Prayer Service 7:30 p.m.

GREATER MT. OLIVE BAPTIST CHURCH — Rev. R. Kiser, Pastor. 705 Lake, Phone 234-3545, Eagle Lake, Texas. Sunday School 9:30 a.m.; Morning Worship 11 a.m.; Baptist Training Union 6:30 p.m.; Evening Worship 7:00 p.m.; Thursday: Prayer Meeting & Teachers' Meeting 7 p.m.

EAST BERNARD FIRST BAPTIST CHURCH — Rev. Autry Conn, Pastor. Sunday School, 9:30 a.m.; Sunday Service 10:30 a.m.; Sunday Night: Training Union 6 p.m.; Services at 7 p.m.; Wednesday Night Service, 7 p.m.

WALLIS BIBLE CHURCH Charismatic — Jerry C. McKinney, Pastor. 478-7534 or 478-6512. Sunday School, 8:55 a.m.; Worship and Children's Church, 10 a.m.; Sunday Home Meetings, 7 p.m.; Wednesday at 7 p.m.; Children's Program, Youth Meeting and Adult Teaching; Last Thursday at 7 p.m., Men's Fellowship Supper; Women Alive Meetings announced prior to date.

BONUS BAPTIST CHURCH — Highway 102, Bonus, Texas. 409-234-2205. Pastor: Stanley Pinckard. Sunday School 9:30 a.m.; Morning Worship 10:30 a.m.

WALLIS BIBLE CHURCH — Pastor: Jerry McKinney, Phone 478-6512. Sunday School 9:30 a.m.; Worship 10:30 a.m.; Home Meetings, 7 p.m. Wednesdays. (For more information on local meetings call 234-3164 or 758-3892); Youth Meeting 7:00 p.m. Tuesday; Spanish Language Services Friday, 7:30.

OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH — Rev. Ray Widacki, Pastor. Sunday Mass 9:00 a.m.; Saturdays 7:00 p.m.; Wednesdays: 7 p.m.; Thursdays & Fridays: 7:00 a.m.

OUR LADY OF GUADALUPE CATHOLIC CHURCH — Rev. Ray Widacki, Pastor. Guadalupe Terrace Addition. Sunday Mass 10:30 a.m.; Mass on Tuesdays and Fridays at 7:00 p.m.

FRIENDSHIP A:G — 301 Wallace, East Bernard. Fred Chambers, Pastor. Sunday: Sunday School, 9:45 a.m.; Worship, 10:30 a.m.; Evening Worship, 6:30 p.m.; Wednesday Bible Study: Family Ministries, 7:30 p.m.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS — Landmark Bldg., Main St., Sealy, Texas. H.D. Geigley, Branch Pres. Sunday Services: Priesthood Meeting, 8:30 a.m.; Sunday School, 10 a.m.; Sacrament Meeting (Worship Service), 11 a.m.

LEHRER MEMORIAL UNITED METHODIST CHURCH — Garwood, Texas. Effie May Young, Pastor. 9:45 a.m. Sunday Church School; 11 a.m. Morning Worship

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Rice schools make history in literary tourney

Final school standings for the 3rd annual Invitational Literary Tournament for elementary and junior high had the first tie in the three year history of the meet. In the junior high division (grades 7 and 8), Columbus and Sacred Heart of Hallettsville tied for first place with sixty-five points each with Sacred Heart winning the trophy since they had more first place winners than Columbus. Eagle Lake Middle School came in fourth place.

In the elementary division (grades 2-6), Eagle Lake (combined team from the Primary school and Middle school) came in first place with one hundred seventy points; St. Michael's was second with one hundred forty-five points, and Sheridan came in a strong fourth place finish with seventy points.

This the first time in the tournament's history that one of the Rice schools have won a trophy in the overall standings. Teams were entered from the following schools: Columbus, Eagle Lake, Garwood, Sheridan, Sacred Heart in Hallettsville, St. Michael's in Weimar, and Sealy.

The following is the list of individual winners and final placement of students from Colorado County:

Junior high division

Ready Writing - Grade 8: Stacey Glaesar of Columbus, first place; Kim Garrett of Eagle Lake, third; Renee Wornat of Eagle Lake, fourth; Gabe Hernandez of Columbus, fifth; Todd Krenek of Garwood, sixth. Grade 7: Cynthia Engstrom of Garwood, first; Michelle Eisen of St. Michael's, second; Gwynne Grahmann of St. Michael's, third; Kristi Klockman of Eagle Lake, fourth; Trino Maldonado of Eagle Lake, fifth; Sharon Warner of Columbus, sixth.

Oral Reading - Grade 7: Gwynne Grahmann of St. Michael's, first; Michelle Eisen of St. Michael's, second; Nicole Kotrla of St. Michael's, third; Tanya McQueen of Columbus, fourth; Rhonda Prazak of Eagle Lake, fifth; Lori Vail of Columbus, sixth. Grade 8: Vivian Castillo of Eagle Lake, second; Laurie Abel of Eagle Lake, third; Susan Self of Columbus, fourth; Jessica Schmidt of Columbus, fifth; Valorie Perez of Columbus, sixth.

Spelling - Grade 7: Christine Reck of Columbus, second; Tracy Pavlu of Columbus, third; Lisa Kulhanek of Columbus, fifth. Grade 8: Monica Sochs of Columbus, second; Michael Grahmann of Sheridan, third; Veronica Finley of Columbus, fourth; Jennifer Matthews of Eagle Lake, fifth; Jenny Beaird of Columbus, sixth.

Number Sense - Grade 7: Will Peeble of Columbus, second; Rodney Stryk of St. Michael's, fourth; Russell Labay of Garwood, fifth; Chris Rodriguez of Garwood, sixth. Grade 8: Patti Hopper of Columbus, first; Dominique Isenhower of Eagle Lake, third; Tina Kollman of Columbus, fourth; Nestor Benavides of Eagle Lake, sixth.

Elementary division

Oral Reading - Grade 4: Kristen Nachlinger of Eagle Lake, first; Aaron Machac of Sheridan, second; Todd Mascheck of Eagle Lake, third; Robbie Klockman of Eagle Lake, fourth; April McMillian of Sheridan, fifth. Grade 5: Kori Klein of Sheridan, first; Steven Polach of Eagle Lake, second; Shannon Smith of Sheridan, third; Lisa Dromgoole of Eagle Lake, fourth; Angela Melnor of Sheridan, fifth; Tanya Fuller of Sheridan, sixth. Grade 6: Tricia Thomas of Eagle Lake, first; Susan Wightman of Eagle Lake, second; Patricia Martinez of Eagle Lake, third.

Spelling - Grade 5: Connie Pavlik of St. Michael's, first; Patricia Lares of Eagle Lake, third; Matthew Eisen of St. Michael's, fourth; Yaneth Benavides of Eagle Lake, fifth. Grade 6: Michael Eisen of St. Michael's, first; Natalie Cordova of Eagle Lake, second.

Picture Memory - Grade 4: Scott Garrett, Kimberly Powers, Wendy Valdez, Tara Johnson, Keith Bendy, all from Eagle Lake, second; Stacy Hayek, Mrya Moechel, Robert Gilbreath, Robert Fuller, all from St. Michael's, third. Grade 5: Shanna Brunner, Mary Martinez, Delia Valdez, Bonnie Benge, Jaime Marquart, all from Eagle Lake, first; Raymond Ford, Connie Soto, Norman Botard, all from Sheridan, second; Diane Coever, Gerard Kutac, Terry Zweschper, all from St. Michael's, third.

Story Telling - Grade 2: Shari Grahmann of Sheridan, first; Donald Obenhaus of Eagle Lake, second; Amy Jahn of Sheridan, third; Christal Lockett of Eagle Lake, fourth; Shelly Koenig of St. Michael's, fifth; Shea McClanahan of Eagle Lake, sixth. Grade 3: Michelle Pasas of St. Michael's, first; Lanette Powers of Eagle Lake, second; Kelly Ashley of Sheridan, third; David Cardenas of Eagle Lake, fourth; Bradley Prihoda of St. Michael's, Chandra Valda of St. Michael's and Chris Jackson of Sheridan tied for fifth.

Number Sense - Grade 5: Tammy Berger of St. Michael's, first; Aaron Grohmann of St. Michael's, second; John Pavlik of St. Michael's, third; Jaime Marquart of Eagle Lake, fourth. Grade 6: Darryl Anderson of Eagle Lake, first; Stephen Prihoda of St. Michael's, fourth.

Ready Writing - Grade 3: Michelle Pasas of St. Michael's, second; Coy Holman of St. Michael's, third; Bradley Prihoda of St. Michael's, fourth. Grade 4: Kristine Nachlinger of Eagle Lake, second; Kelli Walker of Eagle Lake, third; Glenna Tesch of Sheridan, fourth. Grade 5: Armando Garza of Eagle Lake, second; John Pavlik of St. Michael's, third, Matthew Eisen of St. Michael's, fourth; Lana Harris of Eagle Lake, fifth; Adrianna Rangel of Sheridan, sixth. Grade 6: Juan Patino of St. Michael's, first; Stephen Prihoda of St. Michael's, second; Tina Lebeda of St. Michael's, third; Heather Abel of Eagle Lake, fourth; Wade Satsky of Eagle Lake, sixth.

Eagle Lake Study Club hears talk on legal advice

The Eagle Lake Study Club met in the conference room of the Eula and David Wintermann Library on Wednesday, February 13 at 2 p.m.

Mrs. David Wintermann called the meeting to order and Mrs. Robert Wilcox read the minutes. Mrs. Joe Frazar gave the treasurer's report, Mrs. Ray Cumberworth read the library report and stated that the Children's Summer Program will be entitled "Amazing Adventures."

Mrs. Wintermann announced that tickets for the May luncheon will be distributed at the April meeting. Doug Johnson, Channel 2 weatherman, will be the featured speaker.

This year, as last year, the Study Club will help the Eagle Lake Middle School with their literary meet by providing judges. Ladies serving as judges are: Nancy Adkins, Louise Brunner, Bunny Frazar, Mary Grieves, Maxine Griffith, Betty Wegenhoft, Louise Spalinger and Jean Thornton.

The first of a three part program, "The Profession Series," was presented by Don Bendy, attorney and prominent Eagle Lake civic leader. Mr. Bendy gave an informal and informative talk on estate planning. He urged audience participation, reminding the group that it was their once in a life time opportunity to receive free legal advice. The importance of all people, regardless of financial status, in writing a will was stressed. Mr. Bendy also advised systematic review of the will. He further emphasized the importance of married couples with young children naming a guardian for their children.

The second part of the "Profession Series" program will feature Rollin Baker, Ph.D, "The Prairie Edge Museum."

Reporter

Genz initiated

Michele Genz of Nada, a student at Wharton County Junior College in Wharton, was recognized for exemplary academic achievement during formal initiation ceremonies recently conducted by the Zeta Xi Chapter of Phi Theta Kappa national scholastic honor fraternity.

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Is this someone you know?

Henry has always been the life of the party. He entertains family and friends for hours with his stories and tall tales. At Christmas he loves to dress up as Santa Claus and visit the children at the local hospital.

This year, though, Henry himself is in the hospital. He had a stroke a few weeks ago that left him completely paralyzed on his left side. He has to learn how to walk, talk, eat and dress himself all over again.

The doctor says he's well enough to leave the hospital but will need nursing supervision and therapy for several months to come. Henry, the eternal optimist, is in good spirits and believes that with time and the help of God he will be talking and laughing again.

We've known many Henrys over the years. We understand the road to recovery can sometimes be a difficult one. We've created a special living environment for important people like Henry, who need:

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